Begin a VBA macro module with a subroutine that declares a string array of three elements.

```vba
Sub FirstArray()
    Dim Fruit(2) As String
    ' Statements to be inserted here (Steps 2-6).
End Sub
```

Next, insert statements to initialize each array element and display the value in the element at index number one.

```vba
Fruit(0) = “Apple”
Fruit(1) = “Banana”
Fruit(2) = “Cherry”
Range(“A1”) = “First Fruit: “ & Fruit(1)
```

Now, declare another string array of three elements, this time specifying its first and final index numbers.

```vba
Dim Veg(1 To 3) As String
```

Insert statements to initialize each array element and display the value in the element at index number one.

```vba
Veg(1) = “Artichoke”
Veg(2) = “Broccoli”
Veg(3) = “Cabbage”
Range(“B1”) = “First Veg: “ & Veg(1)
```

Next, declare a dynamic string array, then establish its size by specifying its first and final index numbers.

```vba
Dim Flower() As String
ReDim Flower(1 To 3)
```

Now, insert statements to initialize each array element and display the value in the element at the final index number.

```vba
Flower(1) = “Azalea”
Flower(2) = “Buttercup”
Flower(3) = “Crocus”
Range(“C1”) = “Final Flower: “ & Flower(3)
```

Finally, run the macro to see the array element values.

<table>
<thead>
<tr>
<th></th>
<th>A</th>
<th>B</th>
<th>C</th>
<th>D</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>First Fruit: Banana</td>
<td>First Veg: Artichoke</td>
<td>Final Flower: Crocus</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>