Dark Mode

Being as comfortable as possible with the iPhone screen is an important factor when using it. The Display & Brightness option in the Settings app can be used to set the screen brightness and also access Night Shift for reducing the amount of blue light that is emitted by the screen. It also contains an option for Dark Mode. This inverts the screen, generally with a black background and white text. This can make the screen easier to read, particularly in the evening when the ambient light is reduced. To use Dark Mode:

1. Tap once on the Settings app
2. Tap once on the Display & Brightness tab
3. By default, Light is turned On
4. Turn On the Dark button. The color of the background and the text are inverted

Ensure the Automatic button is turned Off in Step 3 to switch between Light and Dark Mode. Use the Automatic option to set specific times for when Dark Mode is activated – see next page for details.

Only some of the background wallpapers (Settings > Wallpaper) work with Dark Mode. The ones that do are in the Stills section and are indicated by this icon on them.
Customizing Dark Mode
Dark Mode can be customized so that it is activated at specific times; e.g. at sunset. To do this:

1. Access the **Display & Brightness** option as shown on the previous page

2. Turn **On** the **Automatic** button

3. Tap once on the **Options** button

4. Tap once on the **Sunset to Sunrise** option to specify Dark Mode to be activated between these two periods

5. Tap once on the **Custom Schedule** option to set specific times for when Light Mode and Dark Mode are active

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**Hot tip**

Dark Mode can also be activated by tapping on this button in the Control Center.

If the button is not visible by default in the Control Center, access **Settings > Control Center > Customize Controls** and tap once on the green button next to **Dark Mode**.