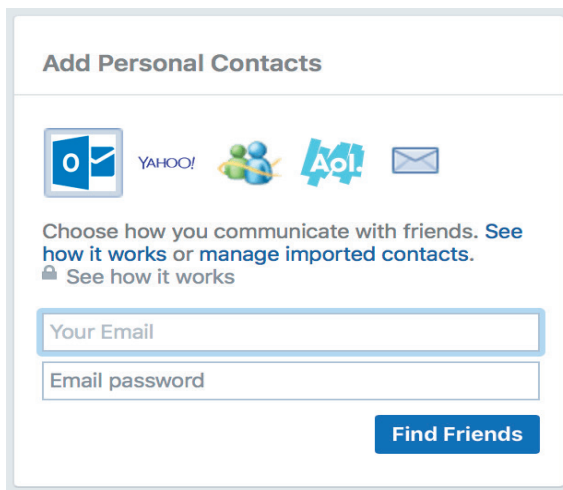


# Upload your contacts list

Once you have completed the preparation work on your account, you'll be ready to search for friends to connect with. One of the easiest ways to do this is to upload your email contacts list to Facebook. It will then use the information to generate friend suggestions for you. To do this:

- 1 Go to <https://www.facebook.com/?sk=ff>
- 2 You will see a box to the right called **Add Personal Contacts**. Enter the email address and password of an email account that contains the greatest number of personal contacts



The screenshot shows the 'Add Personal Contacts' interface. At the top, it says 'Add Personal Contacts'. Below this, there are icons for Outlook, Yahoo!, AOL, and a generic email icon. A text prompt reads: 'Choose how you communicate with friends. See [how it works](#) or [manage imported contacts](#). See how it works'. There are two input fields: 'Your Email' and 'Email password'. A blue 'Find Friends' button is located at the bottom right of the form.

- 3 Facebook will match your contacts with its database and produce a list of people you may know. Scroll down the list and tick the boxes next to the people you would like to add as a Facebook friend
- 4 Click **Add Friends** to send them a request
- 5 You will then be taken to another list of contacts; this time for people Facebook cannot find on its database. Tick the people you wish to invite, and click **Send Invitations**. An email will be sent to them, making them aware of your Facebook account



By visiting [https://www.facebook.com/invite\\_history.php](https://www.facebook.com/invite_history.php) you can manage your invited and imported contacts. Tick the boxes next to the names of people in the displayed list, and click Delete Selected to remove any people you do not want to be listed.